

# BIOTRIM

What's easy? --- watching those pounds add on, a few every year, until ---

What's not so easy? --- shedding excess fat, staying trim

You know what it's like ---

you're as careful as you can be about what you eat, you try to squeeze some exercise into a jam-packed day, you use your best coping skills to fight off the challenges and stress of the day, and what happens?

That one extra coffee with milk and sugar, a quick donut instead of scrambled eggs just this once, an emergency chocolate bar, just one more glass of wine after dinner –



And you can chalk up another pound on your weekly tally sheet.....

Frustrated?

Spinning your wheels?

Feel like giving up and simply waiting for drugs and surgery to “fix” the physical, metabolic and mental damage your expanding body is causing?

Think that makes you different from other people?

Think again.

How can we help?

**BioTrim** combines fat-burning metabolic generators with support for healthy natural control of your internal caloric balance.

Sound complicated? It isn't.



Let's face it -- balancing your calories in and calories out is THE KEY to healthy body weight, with all its fabulous benefits, physically and mentally. Sure, it always sounds easy on paper, on TV, on the internet. But we all know just how difficult this is in the real world – not the world of celebrity endorsers -- the world WE live in.

So it's tough --- why not share the responsibility with a safe dietary supplement that scientists and medical experts have put together to help your

body keep control in a world that constantly attacks your ability to balance all of the many dimensions of life with great health.

Working in a synergism that ramps up fat-burning between meals while using your own metabolism to help you eat fewer of those belly-expanding “treats,”

**BioTrim** stimulates the breakdown of stored fat and the burning of that fat while helping you feel less hungry – meals become smaller and healthier and between-meal snacking can become a thing of the past.



The natural ingredients of *Griffonia simplicifolia* seeds and **green tea** leaf extract, along with **hydroxycitric acid** from the fruit of *Garcinia cambogia* and extra **L-carnitine** – the pivotal amino acid that drives fat burning – activate all of the processes that are used by your body as it works to re-establish your personal healthiest weight and shape.

The extract of *Griffonia simplicifolia* seeds used in **BioTrim** contains **5-hydroxytryptophan (5-HTP)**, a safe natural amino acid used by the human brain to reduce sugar craving and elicit a feeling of satiety and fullness while eating – resulting in smaller meals and fewer “calories in,” with the power to accelerate the rate of weight loss.<sup>1</sup>

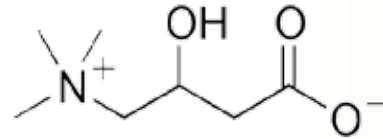


Extracts of green tea leaves have been studied for decades and are known to increase resting metabolic rate through increased burning of stored fat, while reducing natural appetite – 2 more ways to regulate body fat and sustain a healthy body.<sup>2-5</sup> Even better, the natural compounds in green tea leaves will help you feel less tired and more energetic and alert.<sup>6,7,8</sup>

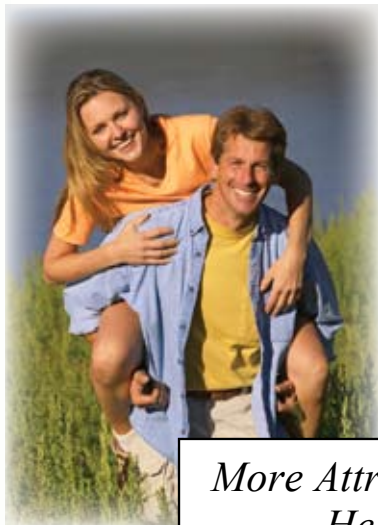
Hydroxycitric acid is noted for its ability to enhance fat-burning while reducing appetite.<sup>9-13</sup> Because it is found only in an indigestible fruit, including it in your dietary supplement is your best bet.

L-carnitine is the amino acid used by the body to move fat from body stores into the parts of the cell where it can be burned.<sup>14</sup> Increasing the amount of L-carnitine available to the body increases your ability to get fat from storage to fat-burning cells and can increase the rate

you convert unwanted fat tissue to harmless heat.<sup>15</sup>



Of course, wise food choices and regular exercise will add to the benefits you can reap and can push your health revitalization even further and faster.



Along the way, as you experience dramatic improvements in your physique, in the way your clothes fit, in the way your joints and feet feel, you also will find yourself just happening to have more energy and a greater feeling of alertness. Lethargy will be replaced by better concentration and mental quickness.

*More Attractive Appearance*  
*Healthier Body*  
*Sharper Mind*

What's not to like?

**BioTrim --- the natural biological way to restore and sustain physical and mental health**

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PHYSICIANS WELLNESS  
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