

# NATURAL APPETITE CONTROL

The United States has been invaded. No, not by aliens from a distant galaxy. Obesity is running roughshod over this country, stealing its health, ravaging its health care systems and turning every meal into a battleground. Wife against husband, doctor against patient, parents against children – never has there been such an all-encompassing civil war.

The marketplace is stuffed with weapons to help us lose the extra unhealthy weight we shouldn't have gained in the first place. And if you're one of the lucky few who succeeded in returning to your healthy weight, what then? A lifetime of constantly looking over your shoulder, always ready to slap away the hand reaching for that extra morsel....



Does it always need to be a matter of self-control – is there any help out there?

Look no further than **Natural Appetite Control**.

The natural ingredients of **green tea** leaf extract and the fruit of ***Garcinia cambogia*** work to help you feel less hungry between meals and more satisfied with smaller meals – and the less hungry you are, the less you eat – and the less you eat, the less weight you'll need to lose next year.

Two of the most well-studied components of green tea – **caffeine** and **epigallocatechin-3-gallate (EGCG)** – can reduce feelings of hunger and the amount of food you eat regardless of your weight.<sup>1-3</sup>

**Hydroxycitric acid** – the powerful natural active principle in *Garcinia cambogia* fruit – enhances fat-burning while reducing appetite.<sup>4-6</sup>

A dietary fiber – **glucomannan** – helps you feel full faster, with less desire to keep eating.<sup>7</sup> If you're on a reduced-calorie diet, glucomannan may make it easier for you to stick to it.<sup>8</sup>



Less hunger, smaller meals, better calorie control –

**Natural Appetite Control**

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